

**FRANK D. LANTERMAN REGIONAL CENTER**

**Client Advisory Committee**

**October 10, 2011**

**MINUTES**

PRESENT

Mary Flynn, Chair  
Brian Bialick  
Thomas Fambro  
Ervand Kestenian  
Howard McBroom  
Brian Newkirk  
Ana Villasenor  
Daniel Weisbin

NOT PRESENT

Mark Haber  
Emily Saiet  
Tzvi Burston  
Todd Withers  
David Jain

GUESTS

Aaron Gamez  
Julie Ganoa  
Rigo Ganoa  
Adam Denzer

STAFF

Marie McGinley  
Helane Schultz

CALL TO ORDER

The meeting was called to order by Ms. Flynn at 4:35 P.M.

APPROVAL OF MINUTES

The minutes of August 8, 2011 were read by Mr. Aaron Gamez and approved by consensus.

## DISASTER PREPAREDNESS: GREAT SHAKEOUT

Ms. Maureen Wilson, director of Training and Development, gave a presentation about disaster preparedness that focused on the Great Shakeout. She explained that the Great Shakeout is a large earthquake drill that is conducted across the state of California. It will take place on October 20, 2011 at 10:20 A.M. and some of its participants include schools, hospitals and all regional centers. She encouraged clients to participate in their homes with their friends and/or families in order to establish an emergency plan.

Her presentation included videos of a worst case scenario earthquake, the speed of an earthquake along the San Andreas Fault, and the process of drop, cover, and hold. Ms. Wilson handed out a sheet explaining alternative methods for protection in an earthquake for clients with disabilities and functional needs. She also gave the Committee a checklist of the most important items to have in an emergency kit. Ms. Flynn added that there are personal items that should be added individually such as an extra set of prescription glasses, medication, a hearing aide, and/or a fold-up cane.

Ms. Wilson and Ms. Flynn shared many earthquake tips and also handed out a “Safely Out” kit that included an emergency card to be filled out by everyone, a permanent marker, an erasable pen, and a two sided placard. One side says “Safely Out” and the other says “Need Help.” This can be placed outside the front door in case of an emergency and there is space to write notes on it with the erasable pen.

**ACTION:** Ms. McGinley informed clients that if they don’t have an emergency kit already, they need to contact their service coordinator immediately to get one.

## UPDATE ON MEN’S HEALTH WELLNESS

Ms. Wilson stated that she has sent many requests for proposal (RFP) regarding Men’s Health Wellness and has not gotten any positive answers. She also applied for a grant with Area Board 10 but the Center did not receive it. However, she will continue to try.

## NEXT MEETING:

The next meeting is scheduled on November 14, 2011.

## ADJOURNMENT

The meeting was adjourned at 5:30 P.M.

/gs