Community Care Facility (CCF)

A Community Care Facility (CCF) is licensed by the California Department of Social Services and vendored by a regional center. There are four types of licenses for CCFs:

1. Owner-operated Small Family Homes are for children birth to 17 years of age
2. Staff-operated Group Homes for Children are for children 6 to 17 years of age
3. Adult Residential Facility are for adults 18 to 59 years of age
4. Residential Care Facilities for the Elderly are for adults 60 years of age and above

CCFs serve individuals that need training, support and supervision to complete activities of daily living. These facilities are structured by different service levels. Each level provides a continuum of services and staffing to meet the individual needs of each person. The majority of these facilities service six or fewer individuals throughout the Lanterman service area.

Visiting the Different Programs and Facilities

If you are interested in learning more about the different living options, be sure to let your service coordinator know. He or she will consult with Lanterman's Community Living Options Review Committee and gather a list of available living options that may meet the person's needs. Individuals and their families are encouraged to visit the various options and ask questions before the final selection of a living option.

Monitoring the Quality of Services Provided

The individual's service coordinator, Lanterman's quality assurance specialist and the appropriate licensing agency (if applicable) monitors the services provided by the program or facility. Any concerns should be discussed with your service coordinator as soon as possible.

Funding Sources for the Various Living Options

In independent living or supported living arrangements, the person's Supplemental Security Income (SSI) benefits and any other income pays for rent, food, utilities, etc. The regional center pays for supports provided to the person by the ILS or SLS programs.

In a licensed or an AFHA certified family home, the person's SSI pays all or part of the cost of the community care facility or certified home based on the level of care. The regional center pays for any additional costs. In Health Care Facilities, a person's Medi-Cal pays for the services and supports. In the case of a child under the age of 18, the law requires the parents to contribute a share of the cost based on the family's income and number of dependents.

Parental Rights for Children Entering Facilities

Parents of minor children continue to be the educational representative and maintain custody of their child. Parents of adult children are also encouraged to be involved. The family's role is very important in the development of the individual's program. Evening or weekend visits are appropriate depending on the "House Values" of each facility. Individuals may also go home on weekends, holidays and join their family on vacations.

Adults maintain their basic rights and are encouraged to continue making personal choices.

A GUIDE TO

LIVING OPTIONS

Lanterman Regional Center

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INTRODUCTION

When considering a living option other than the family home, there are various alternatives to consider. This brochure is designed to answer some of the commonly asked questions regarding options for community living tailored to meet an individual's needs, preferences and choices.

AVAILABLE OPTIONS

There are six general alternatives:

1. Independent Living Services
2. Supported Living Services
3. Homes Certified by Adult Family Home Agencies
4. Homes Certified by Foster Family Agencies
5. Health Care Facilities
6. Community Care Facilities

Independent Living Services (ILS)

Independent Living Services (ILS) are provided by community-based programs vendored by the regional center. These programs provide support and functional skills training to adults who live in their own homes or apartments and generally have acquired basic self-help and safety skills.

The training is designed to provide instruction in skills such as cooking, cleaning, shopping, menu planning, money management, mobility training, locating appropriate housing, use of community resources and other self-reliant skills that empower the client to be part of their community.

Supported Living Services (SLS)

Supported Living Services (SLS) are also provided by vendors of the regional center. SLS vendors provide support and training to adults regardless of the degree of their disability. Individuals live in homes or apartments that they own or rent with supports available to meet their individual needs. One of the basic supported living concepts is that the services and supports an individual receives shall change as his or her needs change without the person having to move elsewhere.

Adult Family Home Agency (AFHA) Certified Home

An Adult Family Home Agency (AFHA) is a private, non-profit organization vendored by the regional center and responsible for recruiting, training, approving and monitoring certified family homes for adults. Certified family homes provide a living arrangement for one or two adults. Each individual has his or her own room and is encouraged to participate in the daily activities of the family. The AFHA employs its own case management staff and consultants to make regular visits to the certified family home ensuring that necessary services and supports are in place.

Foster Family Agency (FFA) Certified Home

Foster Family Agencies (FFA) are non-profit organizations licensed by the Department of Social Services (DSS) to care for children in certified homes. FFAs are responsible for recruitment, training and certification of families who provide care to children. Ongoing support to the home and child is provided by a staff of social work professionals and consultants.

Health Care Facilities

Health care facilities are licensed by the California Department of Health Services and vendored by the regional center. They are designed to provide residential services to individuals who require some nursing care and/or have significant deficits in the areas of daily living and self-help skills. Staff may have training in nursing or similar fields. In addition to the staff, these facilities have consultants who specialize in physical therapy, occupational therapy, speech therapy, recreational therapy, as well as physicians, psychologists, and pharmacologists.

Health care facilities have different designations based on their capacity (number of beds) and primary focus. These designations are:

Intermediate Care Facility/Developmental Disability (ICF/DD) is a large facility with a capacity of more than 15 beds. The primary focus of this facility is to improve or maintain the individual's health and/or self-help skills.

Intermediate Care Facility/Developmental Disability-Habilitative (ICF/DD-H) is a facility with a capacity of either six or fewer persons, or seven to 15 persons. The primary focus is training in skill development.

Intermediate Care Facility/Developmental Disability-Nursing (ICF/DD-N) is also a facility with a capacity of either six or fewer persons, or seven to 15 persons. The primary focus is on intermittent nursing care.