

Lanterman Regional Center's Support Groups

Support groups create a comfortable environment where people can meet, share information and resources with peers, and offer each other emotional support.

The support groups directly affiliated with the Koch ♦ Young Resource Center at Frank D. Lanterman Regional Center are co-led by families and Lanterman staff as part of a family-professional partnership. Groups are held in various languages, and many focus on a specific developmental disability and/or age range.

The Resource Center can also make referrals to other local, state and national groups in the event there is not a group listed here that meets your needs. If you see an unmet need, the Resource Center can also provide technical assistance for the development of new support groups.

The following is a listing of all existing support groups in our community. Call the indicated contacts for more information about their group. This information is also available on Lanterman's Web site at www.lanterman.org/support.

Koch ♦ Young Resource Center at Lanterman Regional Center

3303 Wilshire Boulevard, Suite 700
Los Angeles, CA 90010

Phone: 213.383.1300, x. 5600 or 213.252.5600
Toll-free: 1.800.546.3676

E-mail: kyrc@lanterman.org
Web site: www.lanterman.org
Library: <http://library.lanterman.org>
Network of Care: <http://networkofcare.lanterman.org>
Peer Support Partner Program: www.lanterman.org/psm

Contact: Edward Perez, Family Support Specialist

<p>Autism Society of America ~ San Gabriel Valley Chapter Support Group <i>For families with children of all ages with autism.</i></p> <p>Easter Seals of Southern California 837 West Christopher Street, Suite E West Covina, CA 91790</p> <p>Monthly – First Tuesday, 6:30 p.m.; Speaker at 7 p.m.</p> <p>Contact: Penne Fode at 626.812.0676 (please leave a message)</p>	<p>daDA Fathers Regional Support Network <i>For fathers of children with special needs of all ages.</i></p> <p>Denny's Restaurant 3060 San Fernando Road Los Angeles, CA</p> <p>Monthly – Second Monday, 7 p.m. – 9 p.m.</p> <p>Contact: Edward Perez 213.252.4986</p>
<p>De Mi Familia A Su Familia <i>For families of children with autism of all ages. [in Spanish]</i></p> <p>Lanterman Regional Center 3303 Wilshire Boulevard, Suite 700 Los Angeles, CA 90010</p> <p>Monthly – First Wednesday, 10 a.m. – 11:30 a.m.</p> <p>Contacts: Bertha Suazo at 213.413.4280 Mary Diaz at 213.386.2633 Zulma Mena at 213.215.9121</p>	

<p>Down Syndrome Parent Resource Network ~ San Gabriel Valley Sub-group of the Down Syndrome Association of Los Angeles (DSALA) <i>For families of children with Down syndrome. (Ice cream social meetings in the summer)</i></p> <p>Cornerstone Speech and Language 711 Mission Street Suite B Pasadena, CA 91030</p> <p>Monthly – Second Thursday, 7 p.m. – 9 p.m.</p> <p>Contact: Gail Williamson at 818.242.7871</p>	<p>Everyone is different <i>For families of children with special needs of all ages. (Annual holiday celebration)</i></p> <p>Eagle Rock High School Library 1750 Yosemite Ave. Eagle Rock, CA 90041</p> <p>Monthly – Last Thursday, 4:30- 6:30 pm</p> <p>Contacts: Sandy Riancho at 213.252.4990 Nellie Lippman at 213.252.6038</p>
<p>Foothill Autism Alliance ~ Network Resource Meetings <i>Educational group for families of children with autism. (Annual holiday celebration and spring picnic)</i></p> <p>Pasadena Child Development Associates 620 North Lake Avenue Pasadena, CA 91101</p> <p>Monthly – Second Wednesday, 7 p.m.</p> <p>Contact: Yudi Bennett at 818.66.AUTISM (818. 662.8847)</p>	<p>Glendale/Burbank/Foothill Parent Support Group <i>For families of children with special needs.</i></p> <p>Easter Seals Glendale 710 West Broadway Street Glendale, CA 91204 (cross street: SAN FERNANDO RD.) 818.551.0128</p> <p>Bi-monthly – First Thursday, 10 a.m. – 12 p.m.</p> <p>Contacts: Edward Perez at 213.252.4986</p>
<p>Grupo de Apoyo Para Familias de Intervención Temprana <i>For families of children with special needs between the ages of birth to 5 years. (Annual Mother's Day picnic and holiday celebration with Santa)[in Spanish]</i></p> <p>Lanterman Regional Center 3303 Wilshire Boulevard, Suite 700 Los Angeles, CA 90010</p> <p>Monthly – Second Wednesday, 9 a.m. – 11 a.m.</p> <p>Contacts: Agustina Mellin at 213.427.6298 Monica Mauriz at 213.252.5686</p>	<p>Japanese-Speaking Parents Association of Children with Challenges <i>For Japanese speaking families of children with special needs.</i></p> <p>Little Tokyo Service Center 231 East Third Street, Suite G-104 Los Angeles, CA 90013</p> <p>Monthly – Third Saturday, 9:30 a.m.</p> <p>Contacts: Mariko Magami at 818.249.1726 Michiko Wilkins at 818.557.0728</p>
<p>Korean Parent Support Group Asian Advocate For Special People <i>For Korean speaking families of children with special needs.</i></p> <p>Lanterman Regional Center 3303 Wilshire Boulevard, Suite 700 Los Angeles, CA 90010</p> <p>Monthly – Second Wednesday, 10 a.m. – 12 p.m.</p> <p>Contacts: Myoung-Hee Lim at 213.252.6624 Christine Yuh at 213.252.6644</p>	<p>La Esperanza <i>For families of children with developmental disabilities 15 years and older. (Annual holiday celebration)</i></p> <p>Lanterman Regional Center 3303 Wilshire Boulevard, Suite 700 Los Angeles, CA 90010</p> <p>Monthly – Second Monday, 9:30 a.m. – 11:30a.m.</p> <p>Contacts: Anita Castillo-Pafford at 213.252.6642 Maria Carranza at 213.252.6090</p>

<p>Padres Unidos Lanterman <i>For families of children with developmental disabilities of all ages. [in Spanish]</i></p> <p>Childrens Hospital Los Angeles Conference Room "Castelar" 4650 Sunset Boulevard Los Angeles, CA 90027</p> <p>Monthly – Second Tuesday, 7 p.m. – 9 p.m.</p> <p>Contacts: Irma Cruz at 323.461.9307 Yadira Bautista at 323.460.4794</p>	<p>Parents of Children with Epilepsy Support Group <i>For families of children with epilepsy of all ages.</i></p> <p>All Saints Church 132 North Euclid Avenue Pasadena, CA 91101</p> <p>Monthly – Third Sunday, 1 p.m.- 2:30 p.m.</p> <p>Contact: Azita Fatheree at 626.354.8504</p>
<p>Teenshops <i>Recreational support groups for siblings of individuals with developmental disabilities ages 13-17 years of age.</i></p> <p>Friends at Play Burbank First United Methodist Church 700 North Glenoaks Boulevard Burbank, CA 91502</p> <p>Monthly - Third Thursday, 4 p.m. to 6 p.m.</p> <p>Contact: Edward Perez at 213.252.4986</p>	<p>Sibshops <i>Recreational support groups for siblings of individuals with developmental disabilities ages 6 – 12 years of age.</i></p> <p>Friends at Play Burbank First United Methodist Church 700 North Glenoaks Boulevard Burbank, CA 91502</p> <p>Monthly - Third Thursday, 4 p.m. to 5:30 p.m.</p> <p>Contact: Edward Perez at 213.252.4986</p>
<p>Teatro Ilusión <i>A theatrical group for children with developmental disabilities and their families. [in Spanish]</i></p> <p>Shriners Hospital 3160 Geneva Street (Virgil Avenue and Third Street) Los Angeles, CA</p> <p>Weekly – Friday, 6 p.m. – 8 p.m.</p> <p>Contact: Yolanda Hernandez at 562.869.4090</p>	<p>UCP Burbank Apartments Support Group <i>Adult Client Support Group</i></p> <p>UCP Burbank Apartments 600 South San Fernando Road Burbank, CA 91502</p> <p>Monthly - Second Tuesday, 3 p.m. to 4 p.m.</p> <p>Contact: Ray Drumheiser at 818.841.8254</p>
<p>Updated 02.13.09</p>	

