

Epilepsy Foundation of Greater Los Angeles

Support & Self-Help Groups

For Adults with Epilepsy

Join a group to hear guest of interest to you and your family. Share your feelings and concerns. Exchange information, experience and socialize with other adult with epilepsy.

Epilogue in Downey (English and Spanish)

Depending on the attendees the meetings can be conducted in both **English & Spanish**

Our Lady of Perpetual Help Elementary School

Room E

10441 S. Downey Avenue

Downey, CA

Meetings are held the second Tuesday of every month, from 6:30 to 8:00 p.m.

Facilitators: Margarita & Melchor Anaya and Guadalupe Corral- Leyva

Please use www.mapquest.com to get directions from your point of origin

RSVP strongly encouraged.

Please call the Epilepsy Foundation of Greater Los Angeles at 800.564.0445 to get updated information and to confirm details on group.

San Fernando Valley Self-Help Group

L.A. Valley College

Cafeteria Conference Room

5800 Fulton Avenue

Van Nuys, CA

Meetings are held the first and third Thursday of every month, from 7:00 to 8:30 p.m.

Facilitator: Gregory Portillo

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